

# Incontinence Questionnaire

Many people leak urine some of the time. We are trying to find out how many people leak urine, and how much this bothers them. We would be grateful if you could answer the following questions, thinking about how you have been, on average, over the PAST FOUR WEEKS.

**PLEASE TICK THE APPROPRIATE ANSWER THAT BEST DESCRIBES HOW YOU FEEL FOR EACH QUESTION.**

1. Are you?	
(a) Female	<input type="checkbox"/>
(b) Male	<input type="checkbox"/>

2. How often do you leak urine?	
(a) Never	<input type="checkbox"/>
(b) About once a week or less often	<input type="checkbox"/>
(c) Two or three times a week	<input type="checkbox"/>
(d) About once a day	<input type="checkbox"/>
(e) Several times a day	<input type="checkbox"/>
(f) All the time	<input type="checkbox"/>

3. We would like to know how much urine you think leaks. How much urine do you usually leak (whether you wear protection or not)?	
(a) None	<input type="checkbox"/>
(b) A small amount	<input type="checkbox"/>
(c) A moderate amount	<input type="checkbox"/>
(d) A large amount	<input type="checkbox"/>

**4. Overall, how much does leaking urine interfere with your everyday life?  
Please ring a number between 0 (not at all) and 10 (a great deal)**

0  1  2  3  4  5  6  7  8  9  10

**5. When does urine leak? (Please tick all that apply to you)**

(a) Never – urine does not leak	<input type="checkbox"/>
(b) Leaks before you can get to the toilet	<input type="checkbox"/>
(c) Leaks when you cough or sneeze	<input type="checkbox"/>
(d) Leaks when you are asleep	<input type="checkbox"/>
(e) Leaks when you are physically active/exercising	<input type="checkbox"/>
(f) Leaks when you have finished urinating and are dressed	<input type="checkbox"/>
(g) Leaks for no obvious reason	<input type="checkbox"/>
(h) Leaks all the time	<input type="checkbox"/>

Thank you very much for answering these questions.